

	Monday	Tuesday	Wednesday	Thursday	Friday	
Soup	Chef's soup	Beef & vegetable	Vegetable	Chicken & noodle	Cream of vegetable	À la carte
August 29 - January 30 October 3 - March 13 November 7 - April 17 December 12 - May 22	* Spaghetti Meatballs Caesar salad Garlic bread	Homemade Sub Tomatoes Vegetables	Salmon Bites Asian Vegetables Noodles	Hamburger Steak Mashed Potatoes vegetables	Chicken Pie Vegetables Green Salad	Small / large soup 1\$ - 1.50 \$ Vegetables & dip 1.00 \$ Small/Large Caesar Salad 2\$ 3.00 \$ Meal Salad (Egg-ham-chicken) 4.50 \$ Egg Sandwich ♥ 3.00 \$
September 5 - February 6 October 10 - March 20 November 14 - April 24 December 19 - May 29	Pork & Beef Sausages Mashed Potatoes Mixed Vegetables	General Tao Chicken Or Butter Chicken Rice Vegetables	Penne Chef's Sauce (cheese/chicken) Vegetables	Homemade Pizza Chef's Salad	Beef Stuffed Buns Vegetables	Ham Sandwich ♥ 3.00 \$ Chicken Sandwich ♥ 3.00 \$ Cold Submarine 3.00 \$ Bagel with Cheese ♥ 3.00 \$ Double cheese Grilled Cheese ♥ 3.00 \$
September 12 - February 13 October 17 - March 27 November 21 - May 1 January 9 - June 5	Beef or Cheese Macaroni Vegetables	Fish Cutlets Oven Potatoes Coleslaw	Italian Sausage Tortillas Fresh Cut Vegetables	Chicken Brochette Rice Caesar salad	Sweet Meatballs Rice Vegetables	Fresh fruit 0.75 \$ Dessert of the day 1.00 \$ Homemade Muffin ♥ 1.00 \$ Real fruit gummies 0.50 \$ Homemade Oatmeal Cookie ♥ 1.00 \$
September 19 - February 20 October 24 - April 3 November 28 - May 8 January 16 - June 12	* Spaghetti Caesar Salad Garlic Bread	Fish Nuggets Potatoes Coleslaw	* Beef Tacos Lettuce, Salsa Cheese	Pancake Ham Coleslaw Beans	Burger Chicken or Beef Lettuce, Tomatoes Vegetables	Fruit to go 0.50 \$ Milk 0.75 \$ Chocolate Milk 1.00 \$ Spring Water 1.00 \$ Fruit juice 1.00 \$ Frozen Yogurt 1.00 \$
September 26 - February 27 October 31 - April 10 December 5 - May 15 January 23 - June 19	Happy Face Pita Vegetables	* Shepard's Pie Beets	Oven Roasted Pineapple Ham Rice Vegetables	Lasagna Caesar Salad	Hot Chicken Sandwich Oven Potatoes Coleslaw	
Dessert	♥ Muffin Fruity Yogurt	* Brownies	Chef's Choice * Fruit Crisp	♥♥ Oatmeal Cookie Fresh fruit with Dip	Creamy Milky Way Dessert Fruity Dessert	* Contains fibers or legumes ♥ Bread or whole wheat pasta or whole wheat grain
<p>Complete Meal: soup, main dish, dessert and juice, milk or water Cash: 5,50\$ 5 meal card : 26\$ (5,20\$ each meal) 30 meal card : 155\$ (5,10 each meal) Full year one child : 90\$ / month (5,00\$ each meal) Two children : 176\$ / month (4,90\$ each meal) Three children : 260\$ / month (4,80\$ each meal)</p>			<p>Main Dish Only, 4,00\$ or 5 dishes for 20,00\$ Prices may vary for special lunches (Welcome Back to School, Halloween, Christmas, ...) <i>It is possible to replace the main dish with a sandwich, chili con carne or one grill cheese with vegetables and dip. The meal cards are available at the cafeteria. You can send cash or a check payable to "les P'tits Becs Fins" in an envelope with the child's name and group number.</i> cheese will only be available on : Monday and Wednesday. **Grill For information, call Jacqueline Mercier: (514) 884-3610 lesptitsbecsfins@hotmail.ca</p>			